

## CATECHESIS WORKSHEET 26 – THE SACRAMENT OF THE ALTAR (part 4)

**Catechism** – Questions 367-374, pages 338-345

1. Who receives this sacrament worthily? (pg. 338)

Use your answer to number 1 to answer questions 2-6.

2. What does Luther say is a fine outward training?

3. What is fasting?

4. Does outward training make us truly prepared to receive the Sacrament of the Altar?

5. What does make us truly prepared to receive the Sacrament of the Altar?

6. What sort of person is unworthy and unprepared to receive the Sacrament?

7. Read Question and Answer 368. Why should we be concerned about receiving the Sacrament worthily? What's the risk in receiving it unworthily?

8. Read question and answer 370. What is the benefit of fasting and other bodily preparations?

9. According to question and answer 371, what three things should we examine ourselves for:

A.

B.

C.

10. May those who are weak and struggling in faith come to the Sacrament? (Q. 372)

11. Who is not to receive the Sacrament? (Q. 374)

A.

B.

C.

D.

E.